



# Life Styles Inventory 2 [LSI 2]



## Individual Development

**Everyone at some point in their professional development wonders how they are doing. Feedback plays an important role in this self-realisation process. As individuals, we have our own perceptions as to how effective we believe we are in the workplace.**

But what about the impact your behaviour has on others? Do they see the same qualities in you as you see in yourself? As we work to become better leaders and managers, one of our most serious difficulties is our lack of feedback. Looking at ourselves through others' eyes provides information essential to the self-development process.

Often what we mean to do is not what others see. Learning the difference can greatly enhance our self-awareness and improvement. And this is what the LSI 2 aims to achieve.

You will have learned something about how you see yourself if you have completed the first of Human Synergetics' self-assessment tools called the Life Styles Inventory 1 (LSI 1). With the results of this tool you discovered what thinking styles influenced your behaviour, and how they contributed to your overall effectiveness. No matter how honest you were in completing the LSI 1, your self-perception may be very different from the way others describe your behaviour:

Due to the sometimes negative experiences individuals have had in processes like performance reviews, they often avoid asking for others' opinions of themselves and their workstyles. Hence, the concept of "feedback" is often confused with "criticism". LSI 2 takes the fear out of feedback.

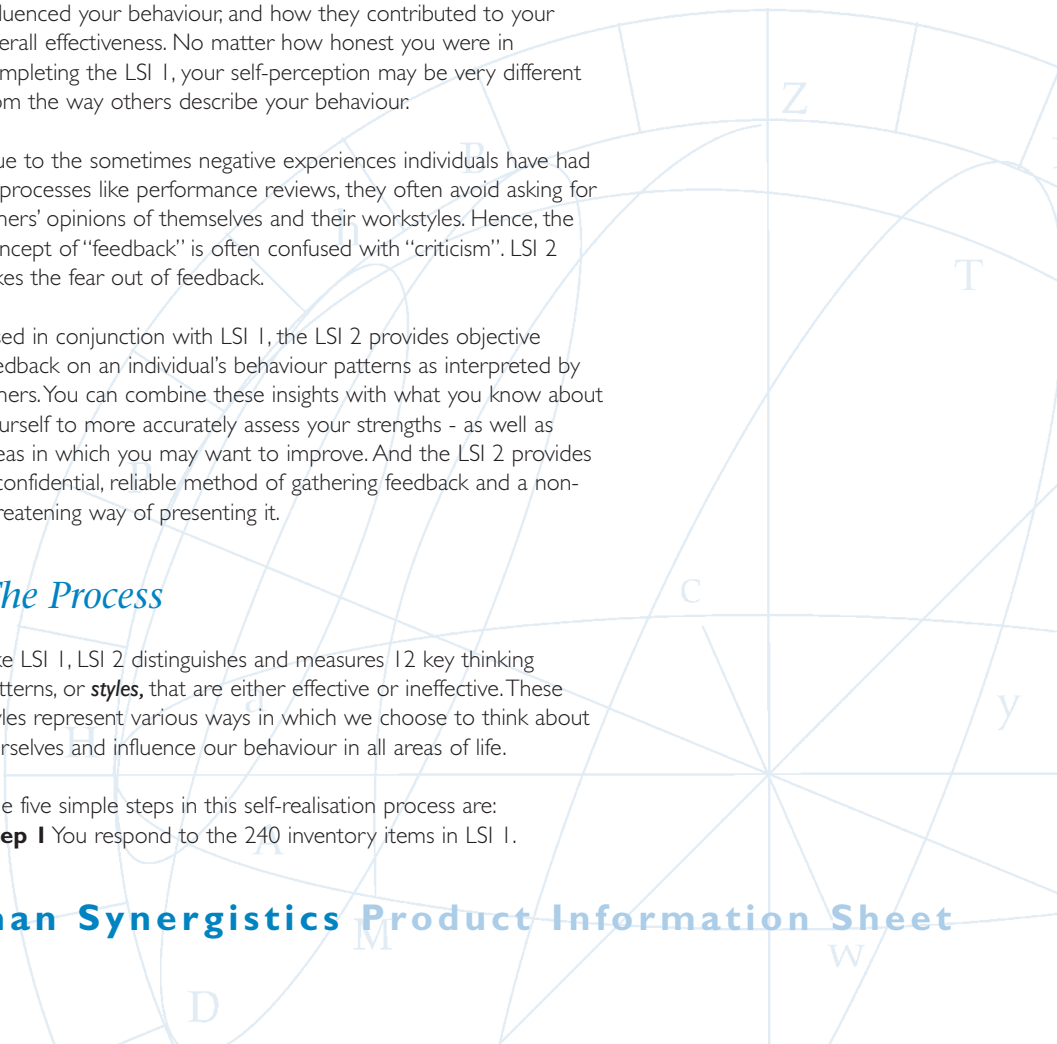
Used in conjunction with LSI 1, the LSI 2 provides objective feedback on an individual's behaviour patterns as interpreted by others. You can combine these insights with what you know about yourself to more accurately assess your strengths - as well as areas in which you may want to improve. And the LSI 2 provides a confidential, reliable method of gathering feedback and a non-threatening way of presenting it.

### The Process

Like LSI 1, LSI 2 distinguishes and measures 12 key thinking patterns, or **styles**, that are either effective or ineffective. These styles represent various ways in which we choose to think about ourselves and influence our behaviour in all areas of life.

The five simple steps in this self-realisation process are:  
**Step 1** You respond to the 240 inventory items in LSI 1.

*Measuring  
personal  
effectiveness  
through  
feedback*



COMPUTER SCORED

ACCREDITED ONLY



